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Arizona Urology Specialists's Dr. Philp Koi Receives Recognition as Rezūm® System Center of Excellence for Expertise in BPH Treatment

Glendale, AZ – July 20, 2018 – Arizona Urology Specialists announced today that Philip Koi, MD received recognition as a Rezūm® System Center of Excellence for his expertise in treating benign prostatic hyperplasia (BPH), or enlarged prostate. Dr. Koi surpassed the milestone of treating 100 patients with the [Rezūm® System](#), providing improved quality of life for men suffering from lower urinary tract symptoms caused by BPH. The Rezūm System is a revolutionary, safe and effective minimally invasive treatment option for men suffering from BPH that does not require general anesthesia and provides an alternative to a lifetime of taking BPH medications. Dr. Koi, a board-certified urologist, offers Rezūm as an in-office BPH treatment option at Arizona Urology Specialists in Glendale and is dedicated to bringing his patients new BPH therapies that preserve sexual function and offer a rapid return to normal activities.

BPH, or an enlarged prostate gland, is one of the top 10 most common and costly diseases affecting 14 million men age 50 or more years old in the U.S. BPH causes significant quality of life issues including lack of sleep, anxiety, challenges with sexual function and limits to daily activities.

“Helping patients with Rezūm has allowed me to make a great impact in their lives,” says Dr. Koi. “While other treatment options have come and gone, the ability to consistently offer this minimally invasive technology while tailoring our approach fits into my philosophy of patient-centric care.”

Developed by NxThera, Rezūm is performed in a clinic or out-patient setting. Rezūm uses the natural thermal energy stored in water vapor, or steam, to treat the extra prostate tissue that is causing BPH symptoms such as frequency, urgency, irregular flow, weak stream, straining and getting up at night to urinate. The water vapor is delivered into the targeted prostate tissue and when the vapor contacts the tissue it turns back into water, releasing the stored thermal energy, causing the obstructive prostate tissue cells to die. Over the next few weeks, the body's natural healing response removes the dead cells, shrinking the prostate. With the extra tissue removed, the urethra opens, reducing BPH symptoms and improving patients' quality of life. Studies have shown that the Rezūm treatment allows men to retain sexual function unlike many other existing BPH treatments, which typically have higher incidences of long-term side effects. To date, more than 26,000 men have been effectively treated with the Rezūm System across the U.S. and Europe.

“After having the Rezūm procedure, I no longer have urinary symptoms and no longer need to refill my prescription for enlarged prostate,” shares James, a patient of Dr. Koi’s. “Rezūm and Dr. Koi changed my life for the better.”

“Our goal is to transform the lives of BPH patients across the country with the Rezūm System,” said Bob Paulson, president and CEO of NxThera. “With Dr. Koi’s expertise and advanced training with Rezūm, patients suffering from BPH in the Phoenix area now have a minimally invasive, lasting and cost-effective alternative for the treatment of BPH so they can get back to enjoying a better quality of life.”

Highlights of the Rezūm therapy include:

- Performed in-office and patients can return home immediately.
- Does not require general anesthesia.
- Relieves symptoms safely and effectively.
- Is an alternative to BPH medications, eliminating the need for long-term BPH medication use.
- Provides noticeable symptom improvement within two weeks.
- Preserves erectile and urinary functions.
- Allows patients to return to regular activities within a few days.
- Considered medically necessary by Medicare and covered by most private insurance payers.

Patients interested in a consultation with Dr. Koi should call 602-375-1700.

For more information about Arizona Urology Specialists, visit www.arizonaurologyspecialists.com. For more information about the Rezūm System, visit www.Rezūm.com or call 888-319-9691.

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About Arizona Urology Specialists

Arizona Urology Specialists is the premier provider of diagnostic services, medical treatment, and innovative surgical procedures for urological problems in the Phoenix metro area. With eight convenient locations, we offer a unique commitment to personalized care for both men and women. Whenever possible, our physicians utilize non-invasive or minimally invasive approaches to treatment.